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| “Activity”  Submitted by- |  | **Activity:** Individual, Group, # of Participants  **Age Group:**  **Population:** Trauma, etc.  **Miscellaneous:** Warnings, Other Important Information |
|  |  |  |

# Overview:

## **Materials:**

What materials could be used?

**Other Resources:**

Any other quick tips important to note.

Anything to look out for, be aware of, etc.

**What is the Purpose?**

* Main goal of the directive (ex: strength building, community building, establishing safety, educational, etc.)
* How does directive achieve that goal?

# Set Up:

**What is Needed to Set Up?**

* What environment?
* How does the implementer create the space/get the children together?
* What needs to be there: tables, materials, etc.

# Instructions:

**How to Introduce:**

* What needs to be said to introduce the theme/directive?
* Is there an opening discussion?
* What instructions need to be given about the activity itself?

**How to Facilitate:**

* Specific direction to give at beginning or activity? During activity? To bring activity to a close?
* How much time should be allowed for this part of activity?
* Other important tips for facilitation.

**How to Ask Questions/Close:**

* Questions to ask/facilitation tips for closing discussion.
* If necessary, how can leader bring closure if topic was upsetting to child(ren)?
* Possible questions to avoid.

# Adaptations:

**Different Age Groups:**

* How will/can this be made appropriate?

**Different Environments:**

* Adaptations for different facility set-up?
* If directive can be used for either group or individual sessions, what adaptations would need to be made?

**Child Reactions:**

* How to help a child who seems to be struggling to understand the directive?
* How to help a child who seems upset by the directive?

# Evaluation:

**How can this be Evaluated?**

* What things would be most helpful for leader to record about child behavior/involvement?
* List any specific questions implementers can fill out.

# Precautions/Contraindications:

* Warning signs to look out for which may indicate a child is struggling.
* Pieces of this directive that could potentially be triggering/how to adapt around them (modifications, alternate similar activity).
* How to assess if a child, or group of children, are not appropriate for this activity.