Dear Expressive Art Therapist

Welcome to Playing to Live! and thank you for your interest in leaving your handprint on the organization. Playing to Live! is an international organization with the mission to provide therapuetic tools to communities affected by trauma and/or crisis that do not have access to licensed expressive therapist(s). To do so we are building a database of expressive and therapeutic activities for the children of these communities. This is where we need you, your expertise and your help.

We are training community leaders to use Playing to Live! activities to help children build healthy relationships, establish coping skills and identify personal strengths, express emotions, and establish a safe place. It is important to take into account that even though the implementers complete a training through Playing to Live!, they are not clinicians, therefore the activities should reflect psycho-social support and strength building, as opposed to trauma therapy.

In addition, with the help of a community liason, the activities you submit will be adapted for each community’s culture to help ensure understanding, sensitivity, and relevance. Within the clinical team of Playing to Live!, there is an expressive therapist in your field to act as your representative and review your activity submission. We ask that you defer questions about the activity data base or trainings to them.

The activity template attached will allow you to create an activity outline including essential key points needed for implementors to achieve the most effective use of your activity. Below you will find the agreement we ask of you, and ourselves, when contributing to Playing to Live! We are incredibly grateful for your interest in adding to this database and ask that you electronically sign and submit this paper with your first activity.

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ understand:

*(Name and credentials)*

1. That the Playing to Live! activity template should remain confidential and not shared or copied for use outside of the organization.
2. That the activity I submit will be a permanent activity within the Playing to Live! data base.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

With your help we can continue to support communities in trauma around the world, and simultaneously spread knowledge about why expressive therapies are essential to children everywhere. As a community run effort, your handprint and creativity are essential to this organization.

Sincerely,

Alexi Decosimo

Executive Director and Founder of Playing to Live!

Upon receiving this signed letter at [Playingtoliveinfo@gmail.com](mailto:Playingtoliveinfo@gmail.com), we will send you our template for you to begin submitting your creative activities